

asiaSpa

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THE GREEN ISSUE

HOW TO...TRAVEL GREEN
ECO DESIGN GOES MAINSTREAM

ASIA'S TOP 10 SUSTAINABLE SPAS

exploring laos
relaxing in hanoi
barcelona's best spas



Hong Kong, China HK\$48 • Singapore S\$6 (inc GST)
 Malaysia M\$15 • Thailand B200 • China Rmb60
 Philippines P220 • Indonesia RP35,000 (inc tax)
 Australia AU\$8 • New Zealand NZ\$8 • Japan ¥1,500 • South Korea W6,000
 Taiwan, China NT\$200 • Rest of Asia US\$7 • USA US\$8 • Rest of world €7

what's
HOT

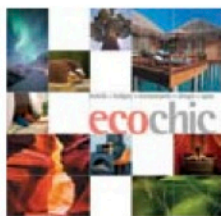


green boheme

Stylish and environmentally friendly, EnviroSax are an inexpensive and compact alternative to plastic bags. Named 'La Boheme', the brand's latest range of carry-all's pays homage to the romanticism of bohemia and ideals of the *Art Nouveau* movement. www.envirosax.com

in the eco loop

A quintessential guide for earth-friendly travelers aspiring to live life responsibly and with style, *Eco Chic* is packed full of up-to-date 'green movement' developments. Presenting extensive coverage of eco-conscious shops, spas, hotels, restaurants and brands, as well as gourmet eco cuisine, sustainable fashion, eco architecture and green experimental travel, this all-encompassing book is well worth a read. www.edmbooks.com

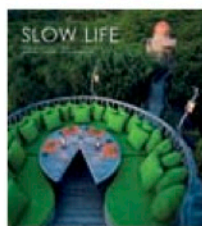


eco shades

Fall in love with iWood Eco Design's artisan-crafted and sustainably-harvested wooden sunglasses. Each pair is produced with high-quality, environmentally-friendly materials and are handmade to order. www.iwoodecodesign.com

snails pace

Written by qualified nutritionist and established lifestyle, spa and culture writer, Kate O'Brien, *Slow Life by Six Senses* is brimming with practical environmental tips and inspiring conservation case studies. Illustrated by an array of stunning photographs, it is the perfect coffee table book for anyone who wants to live more mindfully. www.edmbooks.com

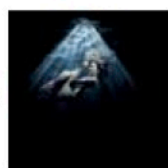


plastic dreams

Made from 30 percent recycled PVC, Melissa's Campana zig-zag flats are the perfect accessory for the eco-conscious fashionista. Designed by renowned Brazilian designers, the Campana Brothers, these comfortable slip-on's come in a rainbow of colour choices including gold, blue, silver, purple and copper. www.melissaplaticdreams.com

spa sounds

Comprising of a beautiful mix of Asian sounds to compliment Chuan Spa's luxurious spa spaces in Boston, Auckland, Hong Kong, Shanghai and Melbourne, 'Rediscover Your Source' is a customised selection of Zen tunes that are sure to lull you into a state of relaxation. www.spasounds.com.au



vanilla delights

Jo Malone has launched a new citrus-floral scent called Vanilla & Anise, to its collection of divine fragrances. With top, middle and base notes of star anise, madagascar clove and purple vanilla orchid respectively, this yummy scent can be blended with other Jo Malone fragrances or worn alone. www.jomalone.com



obi one kenobi

Crafted from discarded Japanese obis and kimonos, Mischa Designs has created a range of limited edition, handmade envelope clutches using genuine Oriental brocade. Sleek and sophisticated, each bag flaunts a unique pattern and exquisite embroidery. Perfect for the elegant lady on the move. www.mischadesigns.com

green science

Aptly named 'Green Science', Aveda's new botanically driven, range of anti-ageing products refines pores and gently exfoliates skin thanks to a blend of certified organic essential oils. www.aveda.com



simply adorable

Brimming with an expansive range of luscious lingerie, Hong Kong boutique Adorée is the perfect place to pick up a flirty pair of knickers or sexy bra. Catering to those who value high quality glamour, their latest underwear collections are to die for. www.adoree.com.hk

